

## Transcript

00:00:00 Speaker 1

Welcome to Independent Perspective, a public affairs presentation of Western New York Independent Living.

00:00:06 Speaker 1

Our guest today is Llana Cowie, who is our guest for the, as the artist at Independent Living of the Genesee Region.

00:00:18 Speaker 1

Also with us is Director of ILGR, Rae Frank.

00:00:24 Speaker 1

And I'm your host, Ernie Churchwell.

00:00:26 Speaker 1

Welcome to the program, folks.

00:00:28 Speaker 2

Thank you.

00:00:29 Speaker 1

Our pleasure to have you all.

00:00:31 Speaker 1

And to give people a little bit of the background, Rae, could you tell us who is behind the Articulations Ability Exhibitions and what it aims to prove?

00:00:44 Speaker 2

Sure.

00:00:45 Speaker 2

Thank you for having me on, Ernie.

00:00:47 Speaker 2

The Articulations exhibition is a joint partnership between the University Heights Arts Association and Independent Living of the Genesee Region.

00:00:56 Speaker 2

We have been partnering together for quite a while to give a space for people with disabilities to exhibit their work.

00:01:04 Speaker 1

All right.

00:01:05 Speaker 1

And you just finished the last artist in residence there at the end of January, so you're starting something new

00:01:15 Speaker 1

How long does Llana?

00:01:19 Speaker 2

We try to give people three months for their exhibit.

00:01:23 Speaker 2

So potentially in 2026, we'll have four different artists and they'll each have three months in order to exhibit their work.

00:01:31 Speaker 1

Wonderful.

00:01:32 Speaker 1

And there's a particular significance to Articulation's Exhibition.

00:01:38 Speaker 1

to the population that ILGR serves, what is that significance?

00:01:43 Speaker 2

They need to be an artist with a disability.

00:01:46 Speaker 2

So, anyone who has artistic ability and would like to have an exhibition that lives in the Genesee, Orleans, or Wyoming County area is eligible.

00:01:56 Speaker 1

Ah, how long has Articulation's Exhibition program been running?

00:02:02 Speaker 2

10 years now, since 2016, we've been running.

00:02:06 Speaker 2

We'll be celebrating a 10-year anniversary in March.

00:02:10 Speaker 1

Wonderful.

00:02:11 Speaker 1

Boy, that's quite a track record that you have there.

00:02:15 Speaker 1

Yes.

00:02:16 Speaker 1

But we don't want to forget to talk about our featured artist, Llana Cowie.

00:02:23 Speaker 1

I understand you're a self-taught artist from Batavia who has been painting and drawing for more than 60 years.

00:02:30 Speaker 1

Can you tell us a little bit about yourself and your artistic journey?

00:02:35 Speaker 3

Yeah, it started out just as kind of a hobby.

00:02:40 Speaker 3

I got interested in watercolor painting in high school and have, you know, worked on and off with it for a lot of years.

00:02:52 Speaker 3

I branched out into charcoals and have started pen and ink and pen and ink and watercolors.

00:03:00 Speaker 3

And it's been quite the journey.

00:03:05 Speaker 1

So, you'd say that your principal medium is watercolor and charcoal and such.

00:03:13 Speaker 3

Yes.

00:03:15 Speaker 1

All right.

00:03:16 Speaker 1

What inspired, excuse me, your current demonstrations, your exhibit?

00:03:24 Speaker 3

Most of my artwork was originally through with nature work, but most of my stuff is from photos.

00:03:34 Speaker 3

I take my own photos of something that I want to draw, paint or whatever, whether it be wildlife or buildings or whatever.

00:03:43 Speaker 3

And then I take them home and I create the artwork.

00:03:48 Speaker 1

Wonderful.

00:03:49 Speaker 1

And would you believe we're already getting near the end of our allotted time?

00:03:55 Speaker 1

The current exhibit runs until March 31st.

00:03:59 Speaker 1

If someone else is interested in information about

00:04:03 Speaker 1

visiting the exhibit or becoming an artist in the program, whom would they contact?

00:04:12 Speaker 2

They can contact myself, Ernie.

00:04:13 Speaker 2

It's Rae Frank, the Director at Independent Living of the Genesee Region.

00:04:18 Speaker 2

They can either call me at 585-815-8501, extension 406, or they could e-mail me at [rfrank@wnyil.org](mailto:rfrank@wnyil.org).

00:04:33 Speaker 1

Thanks so much for being with us, folks.

00:04:35 Speaker 2

Thank you.

00:04:35 Speaker 2

Thank you.

00:04:36 Speaker 1

You've been listening to Independent Perspective, a public affairs presentation of Western New York Independent Living.

00:04:43 Speaker 1

Our guests today have been Rae Frank, Director of Independent Living of the Genesee Region, and Llana Cowie, the artist in residence who just started on the 7th of January.

00:04:56 Speaker 1

You've been listening to Independent Perspective.

00:04:59 Speaker 1

Thank you.